

COMPASS POINTS

Thinking Routine

WORRIES – What do you find worrisome about the ACT Explore results? What’s the downside?

WORRIES

STANCE/STEPS – What is your current stance or opinion on the ACT Explore? What should your next step be?

NEEDS

NEEDS – What else do you need to know or find out about the ACT Explore test? The results?

EXCITEMENTS

EXCITEMENTS – What excites you about the ACT Explore results? What’s the upside?

STANCE/STEPS

